

*PARTICIPANT  
RESOURCE GUIDE:  
WHAT THIS PROGRAM  
IS (AND IS NOT)*

Understanding Your Access to Housing Readiness  
Education

## **What This Is**

This resource is part of the Student Life Readiness Program, developed by Interior Essentials in partnership with your college, university, or community program.

It provides optional, education-only guidance to help students build practical life skills related to housing, shared living, and independent adulthood.

“This resource is designed to help you apply practical life skills NOW in your current living environment, while preparing for NEXT, independent living beyond college.”

## **What This Is Not**

- This is not a course requirement or academic program
- This is not housing placement or institutional policy
- This is not legal, financial, or maintenance advice
- Participation is completely optional

## **How to Use This Resource**

- Self-paced and on-demand
- Designed to support practical life management skills, including time management, shared living, organization, and housing readiness.
- Separate from housing offices, academics, and student services
- Intended to reduce stress during housing transitions

## **Privacy & Participation**

- No personal data is shared with your institution
- Your activity is not monitored or reported
- Use the resource as much or as little as you choose

## **Why This Resource Exists**

Many housing challenges affect academic focus, mental well-being, and financial stability. This resource exists to support the everyday life transitions that directly impact student success, including housing, financial awareness, shared living, and personal responsibility.